

NCCP CLUB COACH

Track and Field



National Coaching
Certification Program

Vancouver
May 6-7

LOCATIONS

UBC - 3065 Wesbrook Mall, Vancouver

Club coach is an event specific course ideal for school educator/coach, club coach or parent coaching intermediate level athletes 4-6months of the year and would like to learn about a specific event group in further detail.

Coaches will sign up for just one event group: sprints and hurdles, endurance, jumps, or throws.

Learning Facilitators:

(Sprints) Barb Vida - (Jumps) Elena Voloshin - (Throws) Shane Wiebe - (Endurance) Mike Van Tighem

NCCP Club Coach Requirements	Registration
Club Coach "Trained" Requirements: (Can be taken any order)	Registration Fees (+GST)
Foundations of Coaching (FOC)	BCA Coach Members* Non-members
<ul style="list-style-type: none">theory of Sport and Club Coachonline over 2x 3hr live sessionsFind courses herePre-reqs e-learnings to FoC<ul style="list-style-type: none">Long Term Athlete Development (75 min)Emergency Action Plan (20 min)	Early Bird (before April 14) \$100.00 \$125.00
	Regular \$120.00 \$155.00
	Late (after April 28) \$140.00 \$175.00
Club Coach Technical (this course)	Click here for coaching financial assistance.
Make Ethical Decisions (MED)	<ul style="list-style-type: none">You will NOT need a coach membership through BCA - a coach membership WILL give you a discount on this and future NCCP courses if you complete your membership PRIOR to registration.Already have a BCA COMPETITIVE or ASSOCIATE member? Contact sam.collier@bcathletics.org to upgrade your membership BEFORE REGISTERING.Not yet a member?: Sign up for a membership!
Requirements to be Club Coach "Certified"	This course requires an NCCP #. Register for one for free here
complete both Sport Coach and MED Evaluations (info here)	Travel Grant Application for coaches outside of the Lower Mainland

Register at www.trackiereg.com/CCLowermainland2023



For more information for on coach education
visit <https://www.bcathletics.org/Coaches/Education/>
or contact jennifer.brown@bcathletics.org



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FULL SCHEDULE

Saturday (8:30am – 5:30pm) 9hrs			
8:30am – 9:00 am	30 min	Introduction	Track
9:00am – 12:00pm	3 hrs	Technical 1	
Lunch (please bring your own)			
12:30pm - 5:30 pm	5 hrs	Technical 2	Track

Sunday (9:00am – 4:00pm) – 7hrs			
9:00am – 10:00am	1 hr	Strength	Classroom/Weight room
10:00am – 11:00am	1hr	Program Planning 1: Training Principles	Classroom
11:00am – 1:00pm	2hrs	Program Planning 2: General Program Planning	
Lunch (please bring your own)			
1:30 – 3:30	2 hrs	Program Planning 3: Event Specific Planning	Classroom
3:30– 4:00pm	30 min	Wrap-up	

Be prepared to be active in rain or shine and bring a water bottle and food

Manuals: This course uses the Club Coach Reference Guide (required in course), and has additional information in the Club Coach Technical Manual.

- **Electronic Manuals** are provided for free online for BCA members at <https://athletics.ca/coach/> under the documents tab.
 - Login with your BCA/AC member ID ([look up here](#)).
 - Please download in advance and bring your laptop to the course
- OR You can **purchase the hard copy reference guide** for \$20 + GST (includes shipping), [here](#). Must order 1 week out.



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Parking:

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Saturday: your best bet for the whole day is likely the underground Parkade under Save On Foods for \$9.00 <https://lots.impark.com//imp/en?latlng=49.261226,-123.1139268#details=1,1992>

Sunday: since the sessions will be at Osborne, you're likely better off at Thunderbird Parkade (above ground, multi-level parkade) for \$10 for the whole day

Map of all the key locations here: <https://goo.gl/maps/5sAeTVXpZazkK42y7>

On Saturday you will gather near the multi-purpose room (part of National Soccer Development Centre) closest to 100m start and straightaway. It's the classroom-like room with floor to ceiling windows at the southern most point of that big wood building.



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